



FOOTBALL

TASTER SESSIONS

for children aged 1 to 4

Try your first Lion Cubs Football Play & Learn session for FREE! Our introduction to football is fun, play-based and teaches more than just footballing ability.

DEVELOP

COORDINATION & MOTOR SKILLS

Our early-age classes are designed to develop balance, coordination and motor skills, to assist their footballing journey.

GAIN

CONFIDENCE

& SOCIAL SKILLS

See your child's confidence come on leaps and bounds as they learn the art of social interaction and meet new friends.

BUILD

SCHOOL READY

FUNDAMENTALS

Your child will be encouraged to learn speech, numeracy, colour identification, shape and core communication skills.

PRACTISE

INSTRUCTIONAL

SKILLS & TEAM WORK

We'll introduce your child to learning in a group environment, cementing the fundamentals of listening and following instructions.

LOCATIONS

- Gilbert Inglefield Sports Hall
- The Recreations Rooms, Linslade
- Leighton Town FC

WEEKLY SCHEDULE

Monday	9.30am Ages 1,2	10.15am Ages 3,4	4.00pm Ages 3,4
Tuesday	9.30am Ages 1,2	10.15am Ages 3,4	
Thursday	9.30am Ages 1,2	10.15am Ages 3,4	
Friday	9.30am Ages 1,2	10.15am Ages 3,4	
Saturday	9.00am Ages 1,2	9.45am Ages 1,2	10.30am Ages 3,4
	11.15am Ages 3,4		



BOOK YOUR FREE SESSION ONLINE

lion-cubs.co.uk/book-a-session

Facebook: facebook.com/lioncubsfootball | Instagram: instagram.com/lioncubs_football





SKILLS BASED

FOOTBALL COACHING

from ages 4 to 12

Try your first Lions NXT Football session for FREE!

Increase technical capability

Improve skill & ball control

Improve non-dominant foot

Develop 1 on 1 attacking & defensive ability

FA & UEFA qualified coaches

Structured sessions

Full DBS and safeguarding protocols

LOCATION

Cedars Upper School



WEEKLY SCHEDULE

Monday
4pm Reception & Pre-school
5pm Ages 5, 6, 7
6pm Ages 8+

Tuesday
5pm Ages 5, 6, 7
6pm Ages 8+

Thursday
5pm Ages 5, 6, 7
6pm Ages 8+

Friday
5pm Ages 5, 6, 7
6pm Beginners classes 8+

LIMITED PLACES AVAILABLE
BOOK ONLINE at lions-nxt.co.uk/book-a-session