

# IMMUNISATIONS

## protecting you and your family

Are you and your family up to date with yours?

### Pregnancy

GP

- Pertussis ('Whooping Cough' - you can have this after 16 weeks pregnant)
- Flu (at any stage of your pregnancy, throughout 'Flu season' which usually runs September - March).



Antenatal Clinic

### Newborn (up to 4 weeks)

Community clinic\*



- Hepatitis B (given to baby shortly after birth + at 4 weeks old if you are Hepatitis B positive)
- BCG (given to baby around 4 weeks old if they are at higher risk of Tuberculosis - ask a healthcare professional if you are not sure, BCG can be given up to 15 years).

Hospital

### Infant (up to 12 months)

GP

- Diphtheria / Tetanus / Pertussis / Polio / Hib / Hep B (given at 8, 12 & 16 weeks)
- Meningitis B (given at 8 & 16 weeks)
- Rotavirus (given at 8 & 12 weeks)
- Pneumococcal (given at 12 weeks).



### Pre-school (1 - 5 years)

GP



- Hib and Meningitis C (given at 12-13 months)
- Pneumococcal (given at 12-13 months)
- Measles / Mumps / Rubella (MMR given at 12-13 months)
- Meningitis B (given at 12-13 months)
- Flu (nasal spray - given to 2 and 3 year olds during 'Flu season').

### Primary-aged child (6 - 11 years)

- Flu (nasal spray - offered every year during 'Flu season').



School\*

### Adolescent (12 - 18 years)



- HPV (protecting against certain types of cancers - given at 12-13 years)
- Tetanus / Diphtheria / Polio (given at 14 years)
- Men ACWY (given at 14 years).

School\*

### Adult (19 - 64 years)

GP

- If you have certain medical conditions, you can have immunisations to better protect you, such as: Flu, COVID, Pneumococcal, Men B, Men ACWY, Hep A or Hep B immunisations.
- Please speak with your GP to see what is available for you.



### Older adults (65+ years)

GP



- Pneumococcal (given at 65 years)
- Flu (given 65+ years each year during 'Flu season')
- Shingles (given at 65 years, or at 50 years if you have certain medical conditions).

\*Community School-aged Immunisation Service (CSAIS) provides community-clinic and school immunisations: 0300 790 0594 / epunft.blmimmunisation@nhs.net.