

Dear Parent/ Guardian,

**Your child's Annual Flu Vaccination Is Now Due, please click the below link to complete a consent form.**

**[CENTRAL FLU CONSENT FORM](#)**

The deadline to complete your child's consent form is - **3<sup>rd</sup> October 2023** . We cannot guarantee any forms submitted after this date and time will be accepted at the school session.

This vaccination is recommended to help protect your child against flu. Flu can be an unpleasant illness and sometimes causes serious complications. Vaccinating your child will also help protect more vulnerable family members and friends by preventing the spread of flu.

The vaccine is free and most children have it up their nose (nasal spray) which is quick and painless. **The nasal spray is the most effective vaccine for children.** If you do not wish for your child to receive the spray due to it containing porcine gelatine and would prefer for them to have the injectable vaccine, please contact us on the number provided below.

Since the programme was introduced, most children offered the vaccines in schools have had the immunisation.

If you have any queries, please contact the immunisation team on:

**0300 790 0594**

Yours faithfully ,

Essex Partnership University Trust Immunisation Team

BLMK School Aged Immunisation Team