

AUTUMN/ WINTER 2023/24

v - Vegetarian Option

There are Gluten, Dairy and Egg free options also available if your child has any allergies.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN COURSE	FISHCAKES WITH TOMATO SAUCE VEGGIE SPAGHETTI BOLOGNESE V	BBQ CHICKEN MELTS CHEESE & RED ONION PINWHEELS V	CHICKEN & STUFFING SPANISH OMELETTE V	SAUSAGES & ONION GRAVY CHILLI 'NON' CARNE & NACHOS V	BREADED FISH FINGERS CHEESY TOMATO PIZZA V	
STARCHY DISHES	HERBY DICED POTATOES	MASHED POTATOES MINTED POTATOES	ROAST POTATOES	NEW POTATOES STEAMED RICE	CHIPS	
VEGETABLES	MIXED VEG GREEN BEANS	BROCCOLI CAULIFLOWER	CARROTS CABBAGE	GREEN BEANS SWEETCORN	PEAS BAKED BEANS	
DESSERTS	SHORTBREAD	PINEAPPLE UPSIDE DOWN CAKE & CUSTARD	BANANA MOUSSE	VANILLA CHEESECAKE	ICE CREAM	
Freshly baked bread, Salad bar & Fresh fruit available daily						



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	CHICKEN & VEGETABLE HOTPOT MACARONI CHEESE V	PORK MEATBALLS IN A CREAM SAUCE CARROT & POTATO CURRY V	GAMMON CHEESE & BAKED BEAN PUFF V	BEEF LASAGNE LEEK, POTATO & SPINACH CRUMBLE V	CHEESY TOMATO PIZZA V CHICKEN NUGGETS
STARCHY DISHES	BAKED NEW POTATOES	MASHED POTATO PILAU RICE	ROAST POTATOES	BUTTERED NEW POTATOES	CHIPS
VEGETABLES	PEAS CAULIFLOWER	BROCCOLI SWEETCORN	CAULIFLOWER CHEESE CABBAGE	CARROTS GREEN BEANS	PEAS BAKED BEANS
DESSERTS	MANDARIN JELLY	CHOCOLATE SPONGE & CHOCOLATE CUSTARD	COOKIES	TREACLE TART	ICED SPRINKLE SPONGE

Week Three Menu Week Commencing 18/09, 09/10, 06/11, 27/11, 18/12, 15/01,05/02

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY
HONEY & MUSTARD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN COURSE	HONEY & MUSTARD CHICKEN	BEEF CASSEROLE	ROAST PORK	SAUSAGE PLAIT	BREADED FISH FINGERS	
	VEGGIE SAUSAGE TOAD IN THE HOLE V	RED ONION & BROCCOLI QUICHE V	QUORN ROAST IN GRAVY V	CHEESE & TOMATO PASTA BAKE v	CHEESE & TOMATO PIZZA v	
STARCHY DISHES	PARSLEY BUTTERED POTATOES	SPRING ONION MASHED POTATO	ROAST POTATOES	SAUTE POTATOES	CHIPS	
VEGETABLES	CARROT & SWEDE MASH MIXED VEG	PARSNIPS Broccoli	CARROTS CABBAGE	PEAS SWEETCORN	PEAS BAKED BEANS	
DESSERTS	GINGER CAKE & CUSTARD	APPLE CRUMBLE & CUSTARD	CINNAMON SWIRLS	STRAWBERRY MOUSSE WITH BERRY COMPOTE	ICE CREAM	
Freshly baked bread, Salad bar & fresh fruit available daily						



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