

# Workshop for parents:

## Understanding Emotions and Behaviour of Children that are Neurodiverse (Special Educational Needs and/or Disabilities)

Please book via the Houghton Regis children centre to attend the workshop

Children centres provide a friendly service to families with children ages 0-12 years

*The workshop is suitable for parents of children aged 0-12 with emerging needs, on the pathway to assessment, have a diagnosed condition and/or identified special educational need.*

*The workshop will cover:*

*Brain development*

*Understanding anger*

*Self-regulation and co-regulation*

*Children with specific needs*

*Strategies to support behaviours that challenge*

*The workshop will be run by the Early Years SEND Advisory Team and children Centre staff*



**Face to face workshop at Houghton Regis children centre, Monday 22<sup>nd</sup> May 2023, 10.00 am to 12.30 noon (unfortunately no children can attend)**

**Online via Microsoft teams, Wednesday 22<sup>nd</sup> May 2023, 4.00 pm-6.00 pm**

