Week Three Menu

WEEK COMMENCING

06/03, 27/03, 01/05, 22/05,19/06, 10/07

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	SWEET CARIBBEAN CHICKEN MAC & CHEESE V	PORK MEATBALLS & SPAGHETTI CHEESE & ONION PINWHEELS V	ROAST PORK & APPLE SAUCE QUORN ROAST IN GRAVY V	BEEF GOULASH VEGGIE CHILLI & NACHOS V	BREADED FISH FINGERS CHEESE & TOMATO PIZZA v
STARCHY DISHES	RICE & PEAS	HERBY GARLIC DICED POTATOES	ROAST POTATOES	STEAMED RICE	CHIPS
VEGETABLES	ROASTED VEGGIE MIX	PEAS CARROTS	CAULIFLOWER CHEESE BROCCOLI	SWEETCORN CARROTS	PEAS BAKED BEANS
DESSERTS	ICED SPRINKLY SPONGE	JAM SPONGE SLICE	CHOCOLATE MOUSSE	FRUITY FLAPJACK	COCOA COOKIES

Jacket Potatoes, Freshly baked bread, Salad bar & fresh fruit available daily





Wise Choices