

Fun with the School Readiness & Childcare Team



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There's lots to celebrate at this time of year: Eid al-Fitr, National Children's Day, Elmer Day and the Queen's Platinum Jubilee weekend. Have fun trying some of these ideas with your children during this time!



May 2nd - 8th: Screen-Free Week

Unplug from digital entertainment for all or part of the week and have fun with your children.

Paint a picture, read a book, go swimming, make a puppet show, do some baking, fly a kite or have a dance party!

May 2nd - 3rd: Eid al-Fitr

Eid al-Fitr is a religious holiday celebrated in the Islamic faith that marks the end of Ramadan. Muslims often enjoy a big breakfast together at Eid, so why not have a family breakfast of your own? Ask the children to help set the table and enjoy a special breakfast time together.



May 4th: Walk, Bike & Roll to School Day

Whether your child is at school, pre-school or nursery, encourage them to be more active by walking or getting on their bike or scooter for some or all of the journey! It is recommended that children are active for 180 minutes a day, and this would be a great start! If your journey means this is not possible, have a walk, cycle or scoot later in the day.

May 15th: National Children's Day

This year's theme is "Kindness", you might like to: talk about what makes people kind and unkind, share stories that illustrate kindness, make paintings, drawing and craft activities; talk about how acts of kindness and unkindness make us feel and what the world might look like if everyone was kind to each other. You could even plan a random act of kindness with your child and surprise someone with it!





May 16th - 20th: Walk to School Week

This is another opportunity to be more active with your child – so get walking to school, pre-school or nursery and jump in any puddles along the way! You could use a free app on your phone to see how many steps you do and see if you can walk a little further each day. If your journey means walking is not possible, have a walk later in the day.

May 18th: National Numeracy Day

Use everyday opportunities to count and say number names: counting steps, counting stairs or knives and forks when you set the table for mealtimes. Sing number rhymes: 1,2,3,4,5, Once I Caught a Fish Alive; 10 Green Bottles; 5 Little Men in a Flying Saucer, 5 Currant Buns etc.



May 20th: World Bee Day

Talk to your children about bees and explain that they make honey. You might like to have honey on toast, or on porridge at breakfast time. Go outside to see how many bees you can see, and you can make a bee water fountain by leaving a water bowl outside too!

May 28th: Elmer Day

Visit the library to share one of the Elmer books with your child. You could also wear brightly coloured clothes all day or try to camouflage yourself with your surroundings. Use paints, crayons, or felt tips to make an Elmer picture.



May 29th: National Biscuit Day

Get your bake on and make biscuits with your children to enjoy at snack time. Cooking is great for children as it develops a range of skills including counting and mixing and it helps them learn new words as you talk about what you are doing. This is a nice simple [recipe](#) to get you started!

Look out for a special edition 'Queen's Platinum Jubilee' Fun Bulletin – coming soon!



*Whatever you choose to do with your children this Summer,
stay safe and have fun!*