



# Fun with the School Readiness & Childcare Team



Spring 2022 – Issue 5



There's lots to celebrate at this time of year: World Book Day, Mothering Sunday, and the official start of Spring amongst others. Have fun trying some of these ideas with your children during this time!



## February 1<sup>st</sup>: Chinese New Year

- 2022 is the year of the tiger. Visit your local library and read 'The Tiger Who Came to Tea' by Judith Kerr
- Enjoy some Chinese food... you could try noodles, prawn crackers or spring rolls

## February 4<sup>th</sup> – 20<sup>th</sup>: Winter Olympics

- Make an olympic torch and have a relay with friends or family
- Watch some of the Winter Olympics on the television and talk about it with a grown up
- Cut a cardboard tube into slices and decorate to make your own Olympic rings
- Get outside and get active - have your own Olympic challenges!



## February 17<sup>th</sup>: Random Acts of Kindness Day

- Talk about being kind to others and how it feels when someone is kind to you
- Think of something you can do to be kind to someone else
- Surprise someone with a random act of kindness

## March 1<sup>st</sup>: St David's Day

- Go for a walk and look out for daffodils
- Make potato and leek soup and enjoy it for lunch [Get the recipe here!](#)
- Search the toy box for dragons and discuss. Read a dragon story together





### March 1<sup>st</sup>: Shrove Tuesday (Pancake Day)

- Make pancakes - [Get the recipe here!](#)
- Make a cardboard frying pan out of a paper plate, attach a handle, and see if you can toss paper pancakes as you run in a pancake race with your family and friends

### March 3<sup>rd</sup>: World Book Day

- Read your favourite stories, draw or paint a picture of your favourite character
- Visit the library to choose new books to read at home
- Visit [Storytime Online](#) for lots of stories to share with your children



### March 18<sup>th</sup>: Holi

- Enjoy some Indian food... you could try papadoms, samosas, or drink some lassi
- Create a Holi card to give to family or friends. You could cover the card in lots of different coloured tissue paper or lots of coloured finger prints - Happy Holi

### 17<sup>th</sup> March: St Patricks Day

- Wear green all day to look like a leprechaun
- Make a rainbow fruit salad [Recipe](#)
- Create a rainbow using paints, crayons, felt tips
- Go for a walk and look very carefully for a four leaf clover



# RED NOSE DAY

### 18<sup>th</sup> March: Red Nose Day

- Wear something red all day
- Balance your red nose on a spoon and have a 'Nose and Spoon race' with your friends and family
- Make red pompom monsters, stick googly eyes and a sticky mouth. Use them to throw at chalk drawn numbered circle targets, on a wall or on the ground
- Have a look at the [website](#) for other ideas

## 20<sup>th</sup> March: Spring begins

- Get outside in the garden and do some weeding with the children
- Go for a spring time walk and use the "I Spy in the Spring" activity sheet



## 27<sup>th</sup> March: Mother's Day

- Visit your local library and read books like: 'Mum's the word' by Timothy Knapman or 'Mother's Day' by Shirley Hughes
- Create butterfly footprints together as a beautiful keepsake: [Instructions](#)
- Make easy & delicious chocolate crackles ([Recipe](#)) for Mum, Grandma or other special person

## 15<sup>th</sup> - 18<sup>th</sup> April: Easter

- Find and decorate an oval shaped stone with pens or paints with Easter egg patterns or the Easter bunny
- Borrow Easter stories from your local library such as: 'Happy Easter, Tooth Fairy!' by Peter Bently & Garry Parsons, 'Peppa the Easter Bunny' by Lauren Holowaty
- Eat soft boiled eggs for breakfast
- Use either paints and baby buds or felt tip pens to create Easter patterns on a hard boiled egg



## 23<sup>rd</sup> April: St George's Day

- Read your favourite dragon story
- Make a shield and a sword, or a princess hat: [Instructions](#)
- Dress up as a princess, St George or as the dragon
- Make St Georges day bunting and flags
- Make a fire breathing dragon: [Instructions](#)

*Whatever you choose to do with your children this Spring,  
stay safe and have fun!*

# Fun Ideas for Under 5s!

I-spy in the spring....



Daffodils



Snowdrops



Bluebells



Catkins



Caterpillar



Woodlouse

