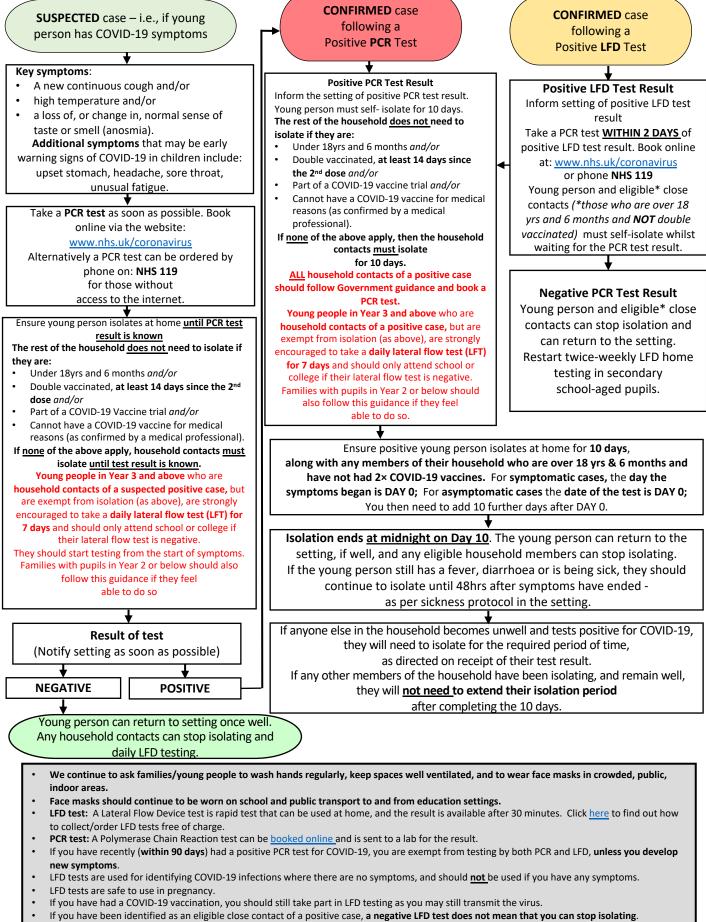
COVID-19 Guidance for Parents/Carers in Central Bedfordshire Education Settings: 23.11.21





• If you have had a recent nosebleed, or have a nose piercing, use the other nostril to swab for the LFD test.