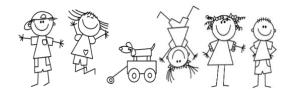
Central Bedfordshire Council

Fun with the School Readiness & Childcare Team





Autumn 2021 - Issue 1

There's lots happening at this time of year, including a week of recycling, the start of Autumn, the Big Draw and Halloween.

Have fun trying some of these ideas with your children during this time!

September 8th: International Literacy Day

- Share a book to enjoy together.
- Visit the local library and choose books together.
- Read anything and everything the post, subtitles on the TV, the cereal packet - let your child see you read.





September 20th - 26th: Recycle Week

- Set up a recycling station in your house and encourage your child to sort the recycling into piles.
- Talk to your child about recycling and taking care of the world around them.
- Save a cardboard box, a cardboard tube and a plastic bottle and try some of the things on our activity sheets.

September 21st: Autumn begins

- Try and catch a leaf as it falls from a tree it's trickier than you think!
- Go for a walk and kick the leaves, or use the 'I spy in the Autumn' sheet.
- Find a stick and make a 'leaf kebab' by pushing the leaves onto your stick.





October 1st - 31st: The Big Draw Festival

- Draw, draw and draw some more! It's great for hand eye coordination and improves children's artistic and creative skills.
- Draw a picture of someone you know, your pet, or whatever pops into your head!

October 1st: World Smile Day

- Do a small act of kindness to make someone smile: help carry their bags, draw a picture, pick some flowers, or sing them a song - just a few ideas.
- Smile at everyone you meet! a smile is catching and makes you, and them happy.
- Remember to brush your teeth for a pearly white, sparkling, smile!





October 16th: World Singing Day

- Sing your favourite song, sing it loudly, sing it quietly, sing it slowly, sing it quickly.
- Learn a new song from a grown up or one of your friends
- Make up a new song and teach it to someone else.

October 31st: Halloween

Keep an eye out for our special "Half Term Halloween Fun" bulletin in October!



Whatever you choose to do with your children this Autumn, keep safe and have fun!



Fun with Boxes





0-1 years...

Poke some holes in the side of a box, Lay your child safely in the box, Shine a torch through the holes.

1-2 years...

Give your child some crayons and let them experiment with mark making and drawing on, or in the box.



2-3 years...

Put a cushion into a large box and place a blanket on top. You have created a cosy place to play!

3-4 years...

Let their imagination run wild! A box can be a robot, a boat, a plane, a car or a house. Make-believe has no limits!



These activities will help your child to...

- * Develop little and big muscles. Children like to explore with their senses by feeling, seeing and hearing
 - Develop their vocabulary with words like: splish, splash, splosh, drip, drop, full, empty, half, soggy, pour, float, sink, under

Have fun whilst learning!

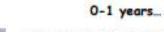






Fun with Tubes





Roll cars, rolled up paper, balls or socks and other toys down the tubes,

1-2 years...

Threading cardboard beads, cut up sections of tubes and thread onto shoes lace, string, ribbon etc.





2-3 years...

Turn your toilet and kitchen rolls into animals or people.

3-4 years...

Make yourself some binoculars using 2 tubes sellotaped together...happy exploring!



These activities will help your child to...

* Develop small muscles * Develop attention and listening skills

* Challenge their ability * Use their imagination * Practise mark making

Have fun whilst learning!









Water play with empty plastic bottles





0-1 years...

Float little bottles in the water at bath time and watch them bob up and down and bubble with your baby.

1-2 years...

Use your empty washing up bottle for bath time squirting funl





2-3 years...

Make holes in the lid of a bottle to make a watering can. Use it in the bath, to water the plants, or to cool down on a hot day.

3-4 years...

Make a bubble blower by cutting the end off a plastic bottle. Dip in bubble mixture and blow through.



These activities will help your child to...

- * Develop little and big muscles. Children like to explore with their senses by feeling, seeing and hearing
 - * Develop their vocabulary with words like: splish, splash, splosh, drip, drop, full, empty, half, soggy, pour, float, sink, under

Have fun whilst learning!









I-Spy in the Autumn





Conker



Acorn



Orange Leaf



Daddy Long Legs



Spider



Spider Web







