# Stanbridge Lower School



Tilsworth Road Stanbridge LU7 9HY

Telephone: 01525 210328

20<sup>th</sup> March 2021

### Newsletter No 25

#### Dear Parents/Carers

A staff member has tested positive for COVID 19 today. The staff member works at lunchtime supervising the children so would have had close contact with the children in Pre-school, Reception and Year 1. As we are a small school, some staff have multiple roles and the staff member who has tested positive due to their child being asymptomatic has had contact with other staff members who now have to isolate for 10 days.

The following year groups will need to isolate if they were in school on 17<sup>th</sup> March for 10 days from this point of contact. These children can stop isolating on 27<sup>th</sup> March.

- Pre-school
- Reception
- Year 1

If you have a child in this year group who are already isolating due to a previous case, please follow isolation period already given – see other letters on website.

The children in Year 2 and 3 who were not isolating can attend school as normal. We have enough staff available to staff school safely and provide 1<sup>st</sup> Aid cover if needed.

#### **Remote Learning**

Teachers are busy working on the planning for next week for those children who are isolating, and this will be emailed directly to you. The teachers will send a home learning grid with links to Oak Academy lessons or to other lessons online. As usual if you require any extra help with home learning, please email your teacher who will deal with your enquiry as soon as possible. Mrs Davies will be available each day next week to also deal with any concerns you may have about learning or your child's emotional well-being. All of our remote learning offer can be viewed on our website.

#### **School Meals**

School meals will be eaten in classrooms next week. The children will be supervised by their class teacher and a lunchtime supervisor and will eat and play in their bubbles as normal. Children who normally have a school dinner will be given a pack up cold lunch this week.

Please keep a close eye on your child, as we have discovered this week that we have asymptomatic children in school who present with no symptoms. Please read the previous newsletter about ordering home tests for your family if you are eligible. If your child does emit symptoms please notify school immediately and seek a PCR test. The information listed below gives further information and advice.





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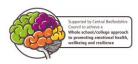














Date: 20.3.21

FOR PARENTS / CARERS OF CLOSE CONTACTS OF COVID-19 at Stanbridge lower School

#### Advice for Child to Self-Isolate for 10 Days

Dear parent or carer,

We have been made aware that we have a confirmed positive case of coronavirus (COVID-19) at [school / education setting name].

We have followed the national guidance and, following a risk assessment with Public Health England (PHE) advisers, have identified that your child (name) has been in close contact with the individual who has had a positive test result for coronavirus (COVID-19). In line with the national guidance, your child must stay at home and self-isolates until 27<sup>th</sup> March (10 days after contact)

If your child is well at the end of the 10 day period of self-isolation, then they can return to their usual activities and attend school as normal.

Other members of your household can continue normal activities, provided your child does not develop symptoms within the 10 day self-isolation period.

For more information, please see the guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person:

 $\underline{https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person}$ 

#### What to do if your child develops symptoms of coronavirus (COVID 19)

Having been identified as a close contact, if your child then develops symptoms of coronavirus (COVID-19), they should remain at home for at least 10 days from the date when their symptoms appeared. Symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia). Anyone with symptoms will be eligible for a PCR test - this is the type of test that is normally available and can be arranged via <a href="https://www.nhs.uk/ask-for-a-coronavirus-test">https://www.nhs.uk/ask-for-a-coronavirus-test</a> or by calling 119.

People who do not have symptoms or have not tested positive using a Lateral Flow Device should not request a PCR test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

The household isolation period includes the day the first person in your household's symptoms started (or the day their test was taken if they did not have symptoms) and the next 10 full days. This means that if, for example, your 10 day isolation period starts on the 15th of the month, your isolation period ends at 23:59 hrs on the 25th and you can return to your normal routine.





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Household members should not go to work, school or public areas, and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period. If that is not possible, anyone with symptoms should try and stay as far away as possible from vulnerable members of your household.

For more information, please read PHE's 'Stay at Home' guidance:

https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection

#### For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/">https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</a>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <a href="https://111.nhs.uk/">https://111.nhs.uk/</a> or by phoning 111.

#### How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

#### **Further Information**

Further information is available at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>





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