



Are your family up to date with the MMR vaccine?

Most of us know that measles can make children very poorly, but did you know that measles can also lead to life threatening complications if you are not vaccinated. Central Bedfordshire Council, in collaboration with Public Health, are encouraging parents and carers to find out if their family are fully protected against measles. It's difficult to know which services are available during the current pandemic, but parents can be confident that the MMR vaccination is not affected by Covid. If a child is due to have their vaccination, or has missed one, they are available through your GP.

How many doses of the vaccination do children need to be fully protected?

The MMR vaccine is given in two doses, the first dose of the vaccine is at 1 year of age with the second being given at 3 years and four months. If you're older children have missed their second, don't panic! They can be vaccinated and protected. Get in touch with your GP to find out how.

Missed a vaccination?

If a child has missed a vaccination, don't worry, you can contact your GP to arrange a new appointment during the Covid pandemic. A catch-up vaccine is also available.

For further information on the MMR vaccine, get in touch with your local GP or visit the [NHS website](#).

Don't wait...vaccinate.