

## HAF EASTER PROGRAMME

### Full House Theatre Company: Virtual Creative Buzz Programme

Working with local CBC based Theatre Company to deliver a virtual creative programme.

**Lion King Dance Stars LIVE workshop:** Learn to dance to 'I Just Can't Wait to be King' from the West End musical The Lion King. Get ready to stand in the spotlight and become King of the Jungle with this fun and relaxed masterclass led by West End performer and dancer Paul Isles.

**The Magic of Words LIVE workshop:** Poetry and performance workshop with the ground-breaking and inspiring Miss Jacqui. Nationally recognised Poet and Songwriter, Miss Jacqui first burst into the spotlight after her performance at the 2012 Paralympic teams welcoming ceremonies and now she's coming to Central Beds! Join her with this fantastic live workshop where your imaginations will know no limits.

**Acro-yoga LIVE workshop:** An exciting fusion of circus acrobatics and yoga. Take part in a unique and fun movement session with trained circus practitioner, Suzanne Nixon.

**A fun introduction to Beatboxing:** Learn to beatbox with Oz using three simple words, improve your vocal techniques and make your own music using nothing but your mouths – Oz will give you the skills and confidence to earn bragging rights as the best beatboxer you can be! No experience necessary!

**Beatbox LIVE workshop:** Take your beatboxing skills to the next level. Share your new Beatbox skills with the man himself, Oz in this live interactive Zoom workshop. You'll learn some extra skills, play exciting beatbox games and then take part in a fun beatbox battle with your new beatboxing pals.

**Circus Fun LIVE workshop:** Amaze your friends and family with your circus skills! Includes a free activity pack. Join circus performer Suzanne Nixon for a fun-filled circus workshop where you'll learn skills like juggling, plate-spinning and clowning. You will receive an exciting activity pack jammed full of everything you need to take part, and then join Su on Zoom where she will teach you everything you need to know – LIVE!

**Clay Makers LIVE workshop:** Make a clay Green Man mask with a professional artist. Includes a free activity pack. Join professional artist Anne-Marie Abbate for this exciting craft session where you will have the chance to create your very own Green Man mask. You will receive an artist's activity pack full of everything you need to take part, and then join Anne-Marie on Zoom where she will teach you everything you need to know – LIVE!

**Puppetry Masterclass:** Learn how to bring a puppet to life using everyday objects. Professional puppeteer and puppetry director Suzanne Nixon starred in UK tours of War Horse and The Bear and is a consultant puppeteer at the National Theatre. You will need: an old newspaper and masking tape.

**Poetry in Motion workshop:** A fun workshop to get you thinking and moving creatively. Join dance and drama practitioners SJ and Charlotte to take part in a movement and performance workshop based on the theme of The Owl and the Pussycat.

**A fun introduction to Beatboxing** Learn to beatbox with Oz using three simple words, improve your vocal techniques and make your own music using nothing but your mouths – Oz will give you the skills and confidence to earn bragging rights as the best beatboxer you can be! No experience necessary!

**Magical memories of Peter Pan theatre performance:** *'All children, except one, grow up'*, and Michael Darling, now 40, has grown up. He's always wondered about his early memories of flying through the night sky to a far-away island with pirates, a mischievous fairy and lost boys ... Was it all a dream? Could it really have happened? Join the littlest of the Darling children as he tries to make sense of his magical childhood and the memory of the boy who never did grow up, Peter Pan. A whimsical and fun adventure story for small people with big imaginations. Created by leading children's theatre company **Full House Theatre** and featuring original music by BAFTA nominated composer Rebecca Applin.

**When we started singing theatre performance by M6 Theatre Company:** An uplifting short film featuring BSL, storytelling and song. Mr Popple is a kind, elderly man who lives alone with just his pet tortoise, Tommy, for company. When his neighbours suddenly find themselves housebound, he notices their struggles and sets out to share some joy. His acts of kindness transform strangers into friends (and pop stars!) and a community is born.

## Inspiring Music Service

**Learn to play a ukulele:** This is a great opportunity to pick up a ukulele and learn how to play. We are offering 10 pre-recorded ukulele lessons which will take you through the basic steps with an Inspiring Music tutor. Following on from the pre-recorded sessions, you have free access to our online taught sessions on a Saturday morning during the summer term with a live tutor. This tutor will be taking a group of ukulele students, like you, through their paces and you can join in with all the musical skills you have learnt.

**Musical Video Game Project by Conductive Music:** This will use an action-packed adventure to show you how story, coding, and music form the ingredients of an awesome platformer video game. What is even better, this time you'll learn how to create your protagonist using **pixel art** too! By the end of the workshop, you will have created **your own game, hero, story and soundtrack!** Take away all the skills and (free) software you need to make more!

## Holiday Clubs

Free places in Holiday Clubs provided by Multi-Active, Kidzzone and Dawn to Dusk in Biggleswade, Houghton Regis, Leighton Buzzard and Shefford and targeted Holiday Club for youth delivered by 4YP in Flitwick.

## Sporting Activities

Multi-sport holiday activities provided by Leighton Linslade School Sport Partnership and Bedford Blues Foundation in Leighton Buzzard, Flitwick and Sandy.

## Children's Centre Family Activities

**Dunstable:** Step into Spring: A lovely local walk around either the north or south of Dunstable to find clues to make a word and see a range of points of interest and beauty. Each child will have a piece of fruit to take with them for the walk and a map to follow.

**Dunstable:** Easter EGGstravaganza: Family cooking activity. Pick up some egg based ingredients and recipes from the Children's Centre and try your hand at making a Spanish Tortilla, fruit filled crepes or a vegetable omelette using the ingredients provided.

**Leighton Buzzard:** Forest School and Easter Hunt: Easter hunt around the woods with some Forest school activities such as making bird feeders and creating tree faces.

**Houghton Regis:** Makers, bakers and shakers: Pick up an activity bag from the Children's Centre and have fun cooking with spaghetti and fresh vegetables and learn how to grow some of the vegetables used for the rainbow spaghetti. Families will be invited to join us the following day for a 'shake some moves' dancing activity

**Biggleswade:** Riverside Walk: Each family will be emailed a route and a checklist of photographs of landmarks to find along the way. Families need to take a photograph of each landmark on their phone

**Sandy:** Nature Hunt: Each family will be given a checklist and route map of things to look out for in the local area whilst out on a walk

**Shefford, Stotfold and Arlesley:** Decorate your bike or scooter. Call into your Children's Centre to collect your activity pack and show off your handiwork on your designated bike day.

**Shefford and Stotfold:** Sports challenge: Head outside to complete all three challenges and once done, come to the Children's Centres to tell us about what you have enjoyed the most and to collect an active play kit.

**Marston and Cranfield:** Spring guided trail: A free and fun family trail of landmarks is going live in both areas to give families a socially distanced, contactless and fun activity to do in the Easter holidays. children will enjoy ticking off their pictures and older ones will engage with figuring out the rhyming clues the Easter Bunny has given them. After finding all of the landmarks, families will be given a reward of their choice, staff from the children's centre will be in each area to provide these rewards.

## Family cooking on a budget

Working with Adult Learning and Noah Enterprise to deliver taster cookery activities with a box of ingredients delivered to family homes to ensure they have everything they need. The taster sessions can lead on to a 6 week adult learning course to enable parents to further develop their skills.