

# **LEIGHTON LINSLADE COMMUNITY FOOD BANK**

**Provided for the Community by the Community**

**WE'RE HERE TO HELP**



**Through the generosity of the local community, shops and supermarkets, we have a plentiful supply of food items ready to be provided in food parcels for anyone who needs a bit of extra help.**

**Each food parcel is packed with a balanced supply of food according to the size of a family or household.**



**Fresh fruit and vegetables are included along with a range of non-perishable cans of meat, fish, tomatoes, soup, fruit and more....**



**Toiletries can also be provided – specific requirements can be discussed when referral is being received.**

**If we can help, call us! Deliveries can be arranged when collection of food parcels may be very difficult.**

**Tel: Black Horse House 01525 381129 07842 122429**