

Coronavirus information for Parents/Carers in Central Bedfordshire (18.09.20)

For general advice about COVID-19 and the symptoms to look for go to: www.nhs.uk/coronavirus

Young person or someone in your household, develops **symptoms of COVID-19**: new continuous cough (coughing frequently for more than an hour, or 3 or more coughing episodes in 24 hours) and/or high temperature and/or a loss of, or change in, normal sense of taste or smell (anosmia).

If the young person is at home, **do not send them to their education setting**. Inform the setting through absence reporting.

If the young person develops symptoms at their education setting, they will be separated from others and **sent home**.

If the young person, or anyone in your household has symptoms they must isolate at home for **10 days (from date of onset of symptoms)**. If the young person does not have symptoms but someone in the household does, the young person, and all other household members without symptoms must isolate at home for **14 days**.

Book a test as soon as possible for anyone in your household with symptoms. This can be done online at: www.nhs.uk/coronavirus.
Alternatively a test can be ordered by phone on **NHS 119** for those without the internet.

Your closest test location will be offered when you book, and both drive-in and walk-in tests are available. You may need to visit the website regularly for more slots to be released. If you are not able to walk or drive to the test centre, and no-one you live with can take you, you can request a home test kit.
Do not take a taxi, use public transport or ask anyone outside your household to take you.

Result of test (you will receive this by email or text message).
It is important you inform the setting of the test result as soon as possible.

Negative

Young person/staff member can return to setting once well.

Positive

Inform setting of positive test result as soon as possible.

Ensure positive case completes remainder of **10 day isolation period (from date of onset of symptoms)**. Household members without symptoms should complete **14 day isolation even if they have received a negative test result**.

NHS test and trace service will send you a text, email alert or call you with instructions of how to share details of people with whom you have had close, recent contact and places you have visited.

If the young person is identified as having been **in close contact with a confirmed case**, they will be asked to **self-isolate for 14 days**. The rest of the household does not need to isolate unless the young person/close contact develops symptoms.
ONLY GO FOR A TEST IF SYMPTOMATIC.

For medical advice call NHS 111, or in an emergency call 999

If a young person is a **confirmed case** they can return to school after **10 days**. However if they still have a temperature, diarrhoea or are being sick they should wait a further **48 hours** after these symptoms stop. If a household member is a confirmed case, but the young person does not develop symptoms, they can return to the setting only after completing the **14 days household isolation period**.