

## STANBRIDGE LOWER SCHOOL

## E-Safety Rules

Keep ourselves safe at all times by not giving out our name, address, phone number or picture to anyone on line.

Never arrange to meet anyone you talk to online. Never use social media sites until you are over 13 or without your parent's permission.



Never accept e-mails, pictures or text messages from anyone we don't know, they may have a computer virus or a nasty message in them.

Never send a picture of yourself to someone you don't know or haven't met.

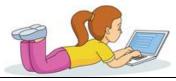
Never give out your password to anyone except your parents.

Never fill out forms online without asking an adult first.



Check with an adult before downloading anything as it could damage the computer.

Never believe what people tell you on chat rooms or the internet....they may not be who you think they are so make sure you only talk to people you know with your parent's permission.



Tell our parents/carers if we are worried about anything we read or see online, or if we know that someone else is being bullied online.



Tell a member of staff or your parents if we see an image we don't like.

Only use the internet when you have an adult's permission.

