



STANBRIDGE LOWER SCHOOL

Physical Education Policy

Reviewed: March 2017

1. RATIONALE AND AIMS

- 1.1 This Physical Education document follows the requirements of the National Curriculum.
- 1.2 At Stanbridge Lower School Physical Education has always been an integral and important part of the weekly timetable. We offer a balanced programme across the lower school age range from Reception to year 4 and aim to offer at least 2 hours of good quality PE each week.
- 1.3 We aim to meet the "10 High Quality Outcomes of PE" (see attached sheets).
- 1.4 We aim to ensure children are safe when using apparatus and other equipment, and understand how to work safely using the apparatus and equipment.
- 1.5 We aim to develop a sense of success and enjoyment through our PE scheme of work and encourage the children to develop cooperative and competitive skills, which build on a sense of team work, fair play and individual achievement.

2. IMPLEMENTATION

- 2.1 At Stanbridge we follow the Val Sabin, Harley Dowe and Future Games schemes of work for PE. This ensures continuity and progression across all year group in skills, knowledge, team and competitive sports.
- 2.2 Games, dance, gymnastics, outdoor and adventurous activity and athletic skills are all developed through the Val Sabin scheme. Gymnastics is developed through the Future Games scheme. Core skills (multiskills) are developed through the Future Games scheme and the Harley Dowe scheme.
- 2.3 The lessons are developed to build on a child's natural enthusiasm and offer a structured learning experience across the year groups.
- 2.4 All children take part in 2 hour of high quality PE each week. The 2 hours is make up from the PE curriculum, swimming lessons and extra-curricular activities.
- 2.5 The PE Subject Leader organizes for coaches to teach skills across the year, e.g. football, dance, tag rugby etc. All of the coached are L2 trained. Teachers work alongside the coaches supporting the implementation of these lessons.
- 2.6 Swimming: for ten weeks each year, Key Stage 2 children receive 10 swimming lessons at Tiddenfoot Leisure Centre to fulfill the National Curriculum requirements. They are transported by coach and have a 30 minute lesson. The skills taught relate to water confidence, stroke technique, water safety and rescue techniques.

3. THE ROLE OF THE SUBJECT LEADER

- 3.1 The PE Subject Leader will
 - Review and evaluate the schemes of work for PE and the policy document.
 - Update staff on all new aspects and requirements of PE.

- Monitor continuity and progression in PE by consultation with colleagues and observation of children in lessons.
- Be a source of reference for colleagues, ensuring that they are kept up to date of any new developments within the subject.
- Monitor the provision and use of resources for PE and be responsible for replenishing or adding new resources.
- Have an overview of the teaching of PE in the school, ensuring good coverage and no unnecessary repetitions of subject coverage.
- Keep up to date with developments in the teaching or national requirements for PE, attend INSET when appropriate or within the remit of the SDP.
- Coordinate after school and daytime PE clubs.

4. HEALTH AND SAFETY

4.1 All children will be taught to use equipment and apparatus for practical work safely and in accordance with health and safety requirements.

4.2 Students working in school should not take full responsibility for a PE lesson and not be left alone when teaching a PE lesson. A qualified teacher must be present at all times when students are teaching a PE lesson.

4.3 No watches, jewellery or hard headbands of any sort are to be worn during PE lessons.

4.4 It is the parent/child's responsibility to remove jewellery, watches and hard headbands prior to PE lessons and to store their property in a safe place with their clothing in the classroom.

4.5 Earrings: no earrings are to be worn for PE. We advise parent to remove their child's earrings on PE days. If earrings are kept in for PE then this is the parent's responsibility.

4.6 All teaching staff must do a risk assessment before implementing a PE lesson. All hazards and risks should be removed and assessed before completing a lesson.

4.7 Teachers must be aware of the school's First Aid Procedures before completing a PE lesson.

4.8 When completing a lesson teachers must properly inform pupils about risks e.g. not going over the top of the wall bars during apparatus lessons.

5. ASSESSMENT

5.1 Children are assessed using informal assessment procedures by their class teachers. All assessments are recorded on Classroom Monitor for PE.

5.2 Assessments follow the children through school and are passed on to each class teacher so that assessments can inform planning and personalise children's learning needs.

5.3 Summative assessments are then made at the end of each year and comments passed to parents via the Annual School Report.

6. EXTRA-CURRICULAR CLUBS

6.1 A variety of extra-curricular clubs are organized across the year e.g. football, hockey, multiskills, cricket, dance etc. These normally take place after school as part of our extended services provision.

6.2 Clubs are coordinated by the PE Subject Leader and the After School Club Leader, and a member of the After School Club staff leads the sessions.

6.3 As part of our provision from the Leighton Linlade School Sports Partnership, a Change 4 Life club is run for 5 weeks each term. A coach from the LLSSP leads the sessions.

6.4 After school clubs are available for all children to access, whenever possible.

7. CLOTHING REQUIREMENTS

7.1 PE clothing requirements for working in the hall e.g. gymnastics, dance:

- Shorts, t-shirt.
- Bare feet - plimsolls/trainers in the event of medical need e.g. foot condition/verruca.

7.2 Games activities on the field or playground:

- In warm weather - shorts, t-shirt with plimsolls/trainers.
- In cold weather - tracksuits, warm hat, gloves, scarves and trainers, layers of clothing.

7.3 Country dancing:

- Normal school uniform.
- Bare feet - plimsolls/trainers in the event of medical need e.g. foot condition/verruca.

7.4 Swimming:

- Girls - a one piece swimsuit.
- Boys - a close fitting pair of swimming trunks. Loose shorts and cut-offs should not be worn.

7.5 Young children frequently mix up their clothing or leave articles of clothing after lessons. For this reason parents are asked to ensure a;; articles of clothing and equipment are named and labeled.

7.6 All unclaimed articles of clothing will be sent to lost property.

7.7 Lost property is sorted across the year and any unclaimed clothing is sent to the charity shop or recycled amongst children.

8. FORGOTTEN PE KITS/INAPPROPRIATE CLOTHING

8.1 Where children forget their PE kits they will be allowed to borrow from the school's stock of spare PE kits for these lessons and the PE letter will be sent home to remind children and parents about providing a kits for PE lessons.

8.2 Where inappropriate clothing is provided for PE lessons, see above 8.1.

8.3 Persistent offenders will require the class teacher to phone parents directly.

8.4 All children should take an active part in the PE lesson whether they are taking part or not. Children should be given an assessment task to reflect upon during the lesson, to record and show their class teacher after the lesson is finished e.g. how can the children improve their balances? What skills did the children develop when taking part in football?

8.5 Only in exception circumstances should children be sent to another class for not having PE kit e.g. medical condition, too cold to stand outside and take part in the lesson from the sidelines.

8.6 If children have no kit for swimming, they should remain in school and be sent to another class with work to complete.

9. REVIEW PROCEDURES

9.1 The school's policy will be reviewed when:

- 2 years have elapsed.
- There is a significant change in the law.
- There is a significant change in staff or pupils.
- The school wishes to review the policy.

Miss Waller

PE Subject Leader

March 2017

This policy has been read, discussed and its implementation agreed by the teaching and support staff.

This policy was ratified by the full governing body.

Date of meeting:

Signed Chair of Governors